



# SACRED HEART RADIO

## CATHOLIC RADIO FOR THE NORTHWEST

P.O. Box 2482, Kirkland, WA 98083

# 800-949-1050

sacredheartradio.org

Seattle AM 1050 / FM 100.3    Spokane AM 970 / FM 106.1    Olympia AM 1240 / FM 104.7  
 Tacoma AM 1180 / FM 107.3    Yakima FM 88.1    Kodiak FM 88.3  
 Aberdeen/Hoquiam AM 1450 / FM 103.5

**24 hours a day streaming  
Listener-supported Catholic radio**

12:00 AM- 1:00 AM: Women of Grace  
 1:00 AM- 2:00 AM: Fathers Know Best  
 2:00 AM- 3:00 AM: Chaplet of Divine Mercy / Rosary  
 3:00 AM- 4:00 AM: Son Rise Morning Show  
 4:00 AM- 5:00 AM: Special Programming



Download our app

**NEW PROGRAM OR NEW TIME**

**Bold programs are locally produced.**

**Shaded programs are broadcast live.**

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Time
5:00a	Sunday Mass from EWTN	Daily Mass from EWTN						5:00a
5:30a								5:30a
6:00a	LifeTalk NW	Catholic Connection with Teresa Tomeo <b>877- 573 - 7825</b>					Mast Appeal with Colleen Kelly Mast <b>877-573-7825</b>	6:00a
6:30a								6:30a
7:00a	Faith Retriever	Son Rise Morning Show (encore)					Sound Insight (encore)	7:00a
7:30a	Bishop Barron							7:30a
8:00a	Take Two with Jerry & Debbie	w/Frs. Lewis & Nagel	Sound Insight with Dr. Tom Curran				Sound Insight (encore)	8:00a
8:30a								
9:00a	Sunday Mass (encore)	Daily Mass from EWTN (encore)						9:00a
9:30a								9:30a
10:00a	Bishop Daly	The Doctor Is In with Dr. Ray Guarendi <b>877 - 573 - 7825</b>					Doctor Doctor	10:00a
10:30a								10:30a
11:00a	Answering the Call	Called to Communion with Dr. David Anders <b>833 - 288 - 3986</b>					Best of Called to Communion	11:00a
11:30a	The Catholic Sphere							11:30a
Noon	Women Made New	Open Line <b>833 - 288 - 3986</b>					EWTN Live Encore	Noon
12:30p		Fr. John Trigilio	Fr. Wade Menezes	Fr. Mitch Pacwa	Fr. Brian Mullady	Colin Donovan		12:30p
1:00p	Holy Rosary After the Rosary on Thursday, Friday, Saturday, Sunday - Discipleship Reflection on the Sunday Gospel with Bishop Daniel Mueggenborg							
1:30p	Chaplet of Divine Mercy in Song	Kresta in the Afternoon <b>877- 573 - 7825</b>					Chaplet of Divine Mercy in Song	1:30p
2:00p	The Journey Home (encore)						Conversations w/Consequences	2:00p
2:30p								2:30p
3:00p	Fr. Spitzer's Universe	Christ is the Answer with Fr. John Riccardo					Bear Woznick Adventure	3:00p
3:30p								3:30p
4:00p	Beyond Damascus	Catholic Answers <b>888-318-7884</b>					Miracle Hunter	4:00p
4:30p								4:30p
5:00p	Answering the Call	The Journey Home	Doctor Doctor	EWTN Live 800-221-9460	The World Over	EWTN News Indepth	Beyond Damascus	5:00p
5:30p	Pro-Life Weekly							
6:00p	Faith Retriever	EWTN News Nightly					LifeTalk NW	6:00p
6:30p	Bishop Barron	Vatican Insider	LifeTalk NW	Bishop Daly	Bishop Barron	Faith Retriever	Best of News Nightly	6:30p
7:00p	Conversations w/Consequences	Open Line (encore)					Fr. Spitzer's Universe	7:00p
7:30p								7:30p
8:00p	Bishop Daly	Life is Worth Living with Archbishop Fulton J. Sheen						8:00p
8:30p	Holy Rosary							
9:00p	Doctor Doctor	w/Frs. Lewis & Nagel	Sound Insight with Dr. Tom Curran (encore)				Women Made New	9:00p
9:30p								
10:00p	The Journey Home (encore)	Called to Communion with Dr. David Anders (encore)						10:00p
10:30p								10:30p
11:00p	Catholic Connection Teresa Tomeo (encore)	Take Two Jerry & Debbie					Mother Angelica Live Classics	11:00p
11:30p								11:30p

Local shows: Faith Retriever \* LifeTalk NW \* Sound Insight \* Walking in Faith with Bishop Daly

06/22/22