



SACRED HEART RADIO

CATHOLIC RADIO FOR THE NORTHWEST

P.O. Box 2482, Kirkland, WA 98083

800-949-1050

sacredheartradio.org

Seattle AM 1050 / FM 100.3 Spokane AM 970 / FM 106.1 Olympia AM 1240 / FM 104.7
 Tacoma AM 1180 / FM 107.3 Yakima FM 88.1 Kodiak FM 88.3
 Aberdeen/Hoquiam AM 1450 / FM 103.5

**24 hours a day streaming
Listener-supported Catholic radio**

12:00 AM- 1:00 AM: Women of Grace
 1:00 AM- 2:00 AM: Fathers Know Best
 2:00 AM- 3:00 AM: Chaplet of Divine Mercy / Rosary
 3:00 AM- 4:00 AM: Son Rise Morning Show
 4:00 AM- 5:00 AM: Special Programming



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NEW PROGRAM OR NEW TIME

Bold programs are locally produced.

Shaded programs are broadcast live.

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Time
5:00a	Sunday Mass from EWTN	Daily Mass from EWTN						5:00a
5:30a								5:30a
6:00a	LifeTalk NW	Catholic Connection with Teresa Tomeo 877- 573 - 7825					Mast Appeal with Colleen Kelly Mast 877-573-7825	6:00a
6:30a								6:30a
7:00a	Faith Retriever	Son Rise Morning Show (encore)						7:00a
7:30a	Bishop Barron							
8:00a	Take Two with Jerry & Debbie	w/Frs. Lewis & Nagel	Sound Insight with Dr. Tom Curran				Sound Insight (encore)	8:00a
8:30a								
9:00a	Sunday Mass (encore)	Daily Mass from EWTN (encore)						9:00a
9:30a								9:30a
10:00a	Register Radio	The Doctor Is In with Dr. Ray Guarendi 877 - 573 - 7825					Doctor Doctor	10:00a
10:30a								10:30a
11:00a	Answering the Call	Called to Communion with Dr. David Anders 833 - 288 - 3986					Best of Called to Communion	11:00a
11:30a	The Catholic Sphere							11:30a
Noon	Women Made New	Open Line 833 - 288 - 3986					EWTN Live Encore	Noon
12:30p		Fr. John Trigilio	Fr. Wade Menezes	Fr. Mitch Pacwa	Fr. Brian Mullady	Colin Donovan		12:30p
1:00p	Holy Rosary							
1:30p	Chaplet of Divine Mercy in Song	Kresta in the Afternoon 877- 573 - 7825					Chaplet of Divine Mercy in Song	1:30p
2:00p	The Journey Home (encore)						Conversations w/ Consequences	2:00p
2:30p								
3:00p	Fr. Spitzer's Universe	Christ is the Answer with Fr. John Riccardo					Bear Woznick Adventure	3:00p
3:30p								3:30p
4:00p	Beyond Damascus	Catholic Answers 888-318-7884					Miracle Hunter	4:00p
4:30p								4:30p
5:00p	Answering the Call	The Journey Home	Doctor Doctor	EWTN Live 800-221-9460	The World Over	EWTN News Indepth	Beyond Damascus	5:00p
5:30p	Pro-Life Weekly							
6:00p	Faith Retriever	EWTN News Nightly					LifeTalk NW	6:00p
6:30p	Bishop Barron	Vatican Insider	LifeTalk NW	Register Radio	Bishop Barron	Faith Retriever	Best of News Nightly	6:30p
7:00p	Conversations w/ Consequences	Open Line (encore)					Fr. Spitzer's Universe	7:00p
7:30p								7:30p
8:00p	Register Radio	Life is Worth Living with Archbishop Fulton J. Sheen						8:00p
8:30p	Holy Rosary							
9:00p	Doctor Doctor	w/Frs. Lewis & Nagel	Sound Insight with Dr. Tom Curran (encore)				Women Made New	9:00p
9:30p								
10:00p	The Journey Home (encore)	Called to Communion with Dr. David Anders (encore)						10:00p
10:30p								10:30p
11:00p	Catholic Connection Teresa Tomeo (encore)	Take Two Jerry & Debbie					Mother Angelica Live Classics	11:00p
11:30p								11:30p

Local shows: Faith Retriever * LifeTalk NW * Sound Insight

03/14/2023