

Lectio Divina Daily Journal






Date:

Scripture:

Meditate: Which words stick out to you?

Prayer: A conversation with God

Steps:

-  Reading: Read the passage slowly and carefully
-  Meditation: Think deeply and see what words are impactful
-  Prayer: Have a conversation with God on what you read
-  Contemplation: Rest in God's presence
-  Action: Go and do what you are called to do

Questions:

Action: What can I do after reading this